

Technogym Bike



TECHNOGYM



The best training experience



Enjoy live and on-demand indoor cycling workouts from your favourite trainers and fitness studios. Check out your performance data, climb to the top of the leaderboard and spin your wheels with riders from all over the world.



Choose your favourite studio, trainer and class from the 22" console and start your experience with Technogym Bike, the professional solution for indoor cycling.





Train live and on-demand

The screenshot displays the TechnoGym app interface. At the top, there are four live class cards for Thursday: William (13:10, 30 min, POP · CYCLE BURN, Revolution), Sarah (15:30, 45 min, MIX · RIDE LIVE, REBEL), Tommaso (15:30, 30 min, POP · CYCLE SPIRIT, Revolution), and Jodie (16:45, 45 min, MIX · RIDE LIVE, REBEL). Below these are filter buttons for DURATION, PROGRAMS, MUSIC, and TRAINER. The main content is divided into two sections: 'Last rides' and 'Week's best', each with a 'SEE ALL' link. The 'Last rides' section features four cards: Sarah (45 min, MIX · RIDE LIVE, 1REBEL), Jono (45 min, MIX · RIDE LIVE, 1REBEL), Jessica (30 min, POP · CYCLE SPIRIT, REVOLUTION), and Nicola (30 min, POP · CYCLE BURN, REVOLUTION). The 'Week's best' section features four cards: Sarah (45 min, MIX · RIDE LIVE, 1REBEL), Jodie (45 min, MIX · RIDE LIVE, 1REBEL), William (30 min, POP · CYCLE RACE, REVOLUTION), and Enrica (30 min, POP · CYCLE RACE, REVOLUTION). The bottom navigation bar includes icons for More workouts, Schedule, Classes, Trainers, and Favourites.

Join live streaming classes: select the trainer, music, duration and language from the on-demand library. Ready when you are.

Choose trainer and studio

The screenshot displays the TechnoGym mobile application interface. At the top, the 'TECHNOGYM' logo is on the left, and the time '17:54' with Bluetooth and Wi-Fi icons is on the right. Below the header is a row of circular icons representing different studios, with 'REVOLUTION' selected and highlighted in a dark button. A row of circular profile pictures follows, with the first one, representing Jessica Smith, also highlighted. The main content area features a large image of Jessica Smith on a TechnoGym stationary bike. To her right is her profile information: her name 'Jessica Smith', a quote 'You are the boss of your body', and a short bio. Below the bio is a video thumbnail showing her on the bike with a play button. To the right of the profile is a 'Recent classes' section with three class cards. The first card is 'Jessica CYCLE RACE · POP 30 MIN REVOLUTION', the second is 'Jessica CYCLE SPIRIT · POP 130 MIN REVOLUTION', and the third is partially visible. At the bottom, a navigation bar contains icons for 'More workouts', 'Schedule', 'Classes', 'Trainers', and 'Favourites'.

TECHNOGYM 17:54

REVOLUTION

Jessica Smith
'You are the boss of your body'

I am an unusual person amongst normal people. The real difference in my life is sport. First and foremost, I learn when I teach. I read the expression of those standing in front of me the desire to express energy and I let adrenaline become the lymph to nourish on. Fitness is my way of conceiving the World. The instrument through which I am always myself, balancing the physical and emotional sphere. My goal is to never limit myself so that I can always bring out the best in me and grow constantly.

Jessica
CYCLE RACE · POP 30 MIN REVOLUTION

Jessica
CYCLE SPIRIT · POP 130 MIN REVOLUTION

More workouts Schedule Classes Trainers Favourites

Explore the comprehensive library and book a class
with the trainer of your choice.

Rise to the challenge

The image shows a woman in a black sports top and leggings riding a stationary bike. A digital interface is overlaid on the scene, displaying a leaderboard and various cycling metrics. The background is a dark blue with vertical light streaks.

30:00
REMAINING

96
RIDERS

Rank	Name	Gender	Location	Score
9	Joshep	M	London, UK	789
10	Ann Rogers	F	Rome, IT	773
11	Jenny	F	Milan, IT	764
12	Julia	F	Miami, IT	716
13	Jennifer	F	London, UK	702
14	Pilar	M	Turin, IT	685
15	Alexander	M	Dover, UK	677

Filters: All Male Female

HEART RATE
121
bpm

RESISTANCE
8
level

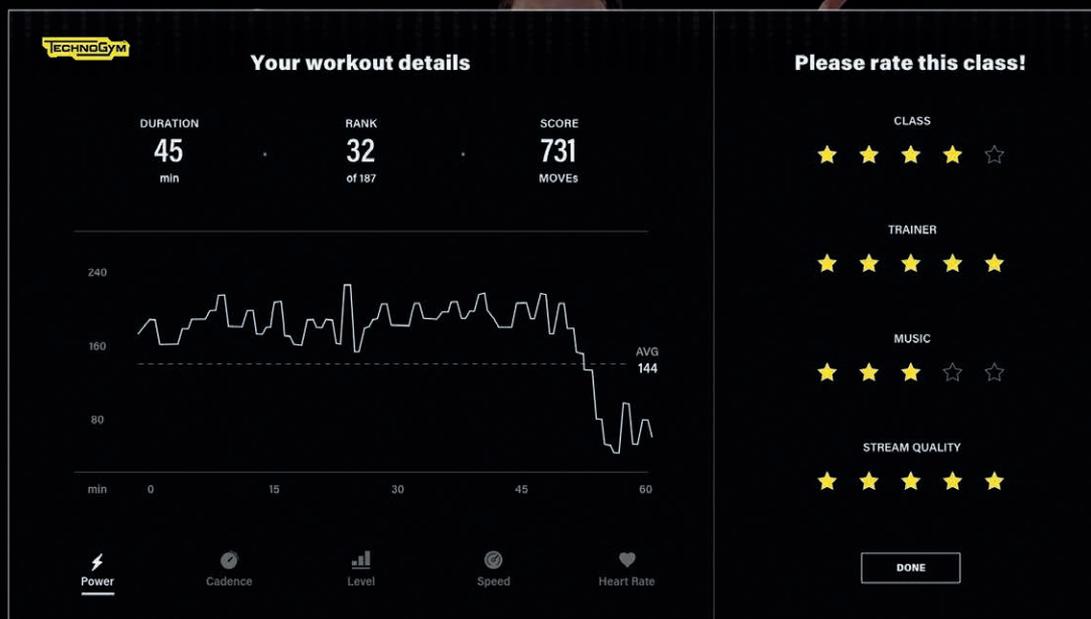
POWER
218
watts

CADENCE
85
rpm

DISTANCE 7.5 km **SPEED** 12.5 km/h **CALORIES** 241 kcal **MOVES** 198

Ride with people from all over the world and pedal your way to the top of the leaderboard.

Monitor your performance



Check your results at the end of each class and rate your experience.



A professional exercise bike

Designed down to the last detail by our research centre, Technogym Bike is the result of more than 30 years of biomechanical research and constant dialogue with Olympic athletes. It adapts to your body in seconds, thanks to its quick setting. Pedalling is the most fluid and quiet ever. And it's just the beginning.



The quietest spin

Thanks to the magnetic Poly-V® Belt, the loudest sound in the room is going to be your breathing.



Easy set up

Just saddle up and go. You can change the settings of the saddle and handlebar on the go.



Immersive experience

The images of the 22" screen are so vivid, you will breathe the atmosphere of the class.

Technogym Bike

Quick resistance settings

The knob enables you to choose precisely the level of resistance from 1 to 20.

Total body workout

Complete your cardio session with upper body strength training exercises.



22" full HD display

Enjoy optimal training thanks to high quality images.

Power button

**USB power plug Jack
for traditional headsets**

Designed for real riding

The Poly-V® Belt is designed to give you a smooth and fluid cycling motion with an authentic road feel.

On-the-fly settings

Find your ideal cycling position on the go, with one-touch adjustments of the saddle in four directions and of the handlebar in two.

Technology and durability

The flywheel resistance system uses the strongest type of permanent magnets for extra-safety and durability.

TECHNICAL SPECIFICATIONS

Dimensions (LxWxH)	153 x 59 x 136 cm (60 x 23 x 54 in)
-------------------------------	--

Power supply	12V 5A
---------------------	--------

Power supply unit	Input 100-240 Vac 50/60 Hz 2A Output 12V 5A
--------------------------	---

Noise level	Less than 70 dB
--------------------	-----------------

Operating temperature	From +5°C to +30°C (from +41°F to +86°F)
----------------------------------	---

Weight of the product	67 kg (148 lbs)
------------------------------	-----------------

Maximum user weight	160 kg (353 lbs)
--------------------------------	------------------



At home

With its combination of design, functionality and immersive digital content, Technogym Bike is the ideal solution for enjoying amazing live streaming and on-demand class experiences as part of your home training routine. The compact footprint and stylish look make it ideal for any size and type of environment.

Technogym Bike is available to businesses worldwide and to private customers in a growing number of countries; please visit www.technogym.com to check availability and for more information.



In the hotel room

Training in the comfort and privacy of a hotel room has never been easier. With Technogym Bike, guests wishing to maintain a fitness routine can access a constantly updated library of training classes from the best studios in the world directly from their guest account and throw themselves headlong into an exciting workout.

At the office

Encourage a healthier and more productive lifestyle with a Corporate Wellness Programme. Give your staff members the chance to recharge their batteries by joining on-demand classes at break time. And with the spread of smart working practices, Technogym Bike is the ideal benefit for employees wanting to stay fit at home.



At the club

By placing Technogym Bike on the gym floor next to your other cardio equipment, you give your members the opportunity to enjoy an engaging and time-effective group training experience whenever they want, without the need for trainer supervision. All they have to do is choose the live or on-demand class they want to join and start spinning the wheels.





For information and purchases

Technogym products and services are only sold directly. Technogym Bike is available to businesses worldwide and to private customers in a growing number of countries: please visit www.technogym.com to check availability and for more information.

Phone numbers

Call us for advice on which products and services best fit your needs:

0800 3162496

(Freephone - UK only)

+971 4 3375337

(United Emirates only)

800 8040952

(Toll free - US only)

0800 3322448

(Toll free - Netherlands only)

1800 615440

(Toll free - Australia only)

+39 0547 650111

(Other countries)

Website

Discover Technogym's complete offer and make your purchases directly from the online Shop:

technogym.com

Follow us on



Boutiques & Showrooms

Visit us to try our equipment and to create a personalised solution for your Wellness with the help of our experts:

Cesena - Technogym Village

c/o Technogym Village, via Calcinaro, 2861

Abu Dhabi

Al Maqta Building - Sultan Bin Zayed The First St.

Doha

c/o Doha City Festival mall, Umm Salal Mohamed

Guadalajara

Boulevard Puerta de Hierro 5278, Local 6,
Zapopan Jal.

London

c/o Harrods, 87-135, Brompton Road

Madrid

Claudio Coello, 77

Marbella

Boulevard Príncipe Alfonso de Hohenlohe
Ctro. Comercial "La Poveda" Local 2-3

Mexico City

Tennyson 18, Col. Polanco

Milano

Via Durini, 1

Monterrey

Plaza Kerkus, Ave. Manuel Gómez Morín 2111, Chipinque,
San Pedro Garza García

Moscow

Red Square 3, GUM, 3rd floor/3rd line

Vremena Goda Mall, Kutuzovsky prospekt, 48

Dream House, Rublevo-Uspenskoe highway 85/1

New York

70 Greene Street

Port Baku

151 Neftciler Ave., Port Baku, c/o Port Baku Mall

Riga

Brivibas 40

San Juan - Portorico

c/o Paseo Caribe, PO BOX 6185

São Paulo

Alameda Gabriel Monteiro da Silva, 1158

St. Petersburg

Bolshoy prospekt P.S. 49/18

Warsaw

Plac. Trzech Krzyzy 3

Wien

Franz-Josefs-Kai 5

Zagreb

Ilica 104

Zürich

Pelikanstrasse, 5



Where to find us

Italy

Offices & Showroom

Via Calcinaro, 2861
47521 Cesena (FC)
Numero verde 800 70 70 70
Ph. +39 0547 56047
Fax +39 0547 650555
informazioni@technogym.com
info@technogym.com
home@technogym.com

Technogym Milano

Via Durini, 1
20122 Milano
Ph. +39 02 76280543
milano@technogym.com

United Kingdom

Offices & Showroom

Two The Boulevard
Cain Road – Bracknell
Berkshire RG12 1WP
Freephone 0800 3162496
Ph. +44 1344 300236
Fax +44 1344 300238
UK_info@technogym.com
home@technogym.co.uk

Portugal

Offices

Tagus Park – Nucleo Central, 284
2740 – 122 Oeiras (Portugal)
Toll free 800 112 998
informacao@technogym.net

Netherlands

Offices & Showroom

Essebaan 63
2908 LJ Capelle aan den IJssel
Toll free 0800 3322448
Ph. +31 (0) 10 422 32 22
Fax +31 (0) 10 422 25 68
info_blx@technogym.com

Germany

Offices & Showroom

Frankfurter Str. 211
(Eingang Du-Pont-Straße)
63263 Neu-Isenburg
Toll free 0800 0556633
Ph. +49 (0) 6102 - 822380
Fax +49 (0) 6102 - 8223810
info_d@technogym.com
home@technogym.de

Spain

Offices & Showroom

Parc De Negocios Mas Blau
Ed. Avant 1 c/Selva, 12
08820 El Prat De Llobregat,
Barcelona
Toll free 900 89 88 99
Fax +34 933 704 736
informacion@technogym.com
home_es@technogym.com

Technogym Madrid

Claudio Coello, 77 28001 Madrid
Ph. +34 916 288 673
madrid@technogym.com

Technogym Marbella

Bvd. Principe Alfonso de Hohenlohe,
Centro Comercial La Poveda, local 2-3
29602 Marbella, Málaga
Ph. +34 952 770 475
marbella@technogym.com

Belgium and Luxembourg

Offices & Showroom

Ikaros Business Park,
Ikaroslaan 25, 2nd floor
1930 Zaventem
Toll free 0800 11198
Ph. +32 (0) 2 720 86 33
Fax +32 (0) 2 721 36 99
info_blx@technogym.com

France

Offices & Showroom

20, rue Rouget de Lisle
92130 Issy les Moulineaux
Ph. +33 (0)1 45 29 90 00
Fax +33 (0)1 45 29 90 05
info@technogym.fr
home@technogym.fr

Australia

Offices & Showroom

Building E, Suite E204
24-32 Lexington Drive
Bella Vista NSW 2153
Ph. +61 (02) 8883 0172
Toll free 1800 615 440
Fax +61 (02) 9672 6410
info.au@technogym.com

Russia

Offices

BC 'Vereyskaya Plaza 1'
Vereyskaya Street, 29, Build.154,
Office 42 - 121357 Moscow
Ph./Fax +7 495 933 38 34
info_ru@technogym.com

Technogym Moscow - Gum

Red Square 3, GUM, 3rd floor/3rd line
109012 Moscow
Ph. +7 495 737 64 68
GUM@technogym.com

Technogym Moscow

Vremena Goda
Kutuzovsky prospekt, 48 floor 0,
Vremena Goda Mall, 121352 Moscow
Ph. +7 495 136 40 49
vremenagoda@technogym.com

Technogym St. Petersburg

Bolshoy prospekt P.S. 49/18
Ph. +7 812 703 53 34 - St. Petersburg
spb@technogym.com

United Arab Emirates

Offices & Showroom

Third - 727 Sheikh Zayed Road
Palladium Building
Dubai, United Arab Emirates

Abu Dhabi Showroom

Al Maqta Building -
Sultan Bin Zayed The First St.
Abu Dhabi, United Arab Emirates
Ph. +971 4 3375337 (centralized)
Fax +971 4 3372660 (centralized)
infouae@technogym.com

Brazil

Main Offices & Showroom

Alameda Gabriel Monteiro
da Silva, 1158
Jardim América – São Paulo - SP
CEP 01442-002
Toll free 0800 600 6070
Ph. +55 11 2938 4380

Other Offices

Av. Paulista, 1439 - Suite 114
Bela Vista - São Paulo – SP
CEP 01310-100
Toll free 0800 600 6070
comercial_br@technogym.com

North America

Offices & Showroom

700 US Highway 46 East,
Fairfield, New Jersey 07004
Toll free 800 8040952
Ph. +1 206 6231488
Fax +1 206 6231898
info@technogymusa.com

Technogym New York

70 Greene St, New York, NY 10012
Ph. +1 646 578 8001
nycstore@technogymusa.com

Japan

Offices & Showroom

Seafort Square Center Bldg. 18F
2-3-12 Higashi-shinagawa
Shinagawa-ku, Tokyo, 140-0002
Toll free 0120 576 876
Fax +81 (0)3 5495 7789
jp_info@technogym.com

China

Offices & Showroom

4th Floor, No.1 Building
No.881 Wuding Road
Jing An District, Shanghai
200040, China
Toll free 400 860 9986
Ph. +86 21 5888 6355
Fax +86 21 5888 6950
sales_china@technogym.com
chinahome@technogym.com

Hong Kong

Offices & Showroom

Room No. A153, 16/F,
Sun Life Tower,
The Gateway, Harbour City,
Tsimshatsui, Kowloon, Hong Kong
Ph. +852 31162622
Fax +852 31162625
info_hk@technogym.com

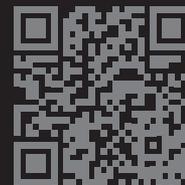
Other Countries

Offices & Showroom

Via Calcinaro, 2861
47521 Cesena (FC), Italy
Ph. +39 0547 650111
Fax +39 0547 650555
info@technogym.com
home1@technogym.com

website

www.technogym.com



For home use



For professional use